Our (CEP) Community Eligibility Program entitles every student to a free breakfast and lunch every school day

## **FEBRUARY 2024**

Cherry Valley-Springfield Central School

Offer vs. Serve
Cafeteria must offer all 5 meal components
Students **MUST** choose a fruit or vegetable & at least 2 other components (Total of 3)
Students may choose up to all 5 components.

## Monday



Chicken Nachos w/ Cheese Whole Grain Tortilla Chips Lettuce, Salsa, Sour Cream Black Bean Corn Salad Fresh Fruit, Milk

Fresh Roasted Turkey w/ Gravy Whole Grain Corn Muffin Mashed Potatoes

Fresh Fruit, Milk

12

No School

Hot Dog/Chili Dog
Whole Grain Bun
Baked Beans, Sun Chips
Fresh Fruit, Milk

Tuesday



Meatball Sub w/ Marinara
Whole Grain Sub
Romaine Salad
Fresh Fruit, Milk

Cheese Ravioli w/ Marinara
Garlic Bread Stick
Caesar Salad w/ Chicken
Fresh Fruit, Milk

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No School

Beef & Cheese Tacos
w/ Salsa, Sour Cream, Lettuce
Whole Grain Tortilla
Steamed Rice
Fresh Fruit, Milk

Wednesday



Scalloped Potatoes
w/ Ham & Cheese
Whole Grain Roll
Rainbow Pepper Strips
Fresh Fruit, Milk

Brunch for Lunch Cinnamon French Toast

Cinnamon French Toast
Sticks w/ Sausage Links OR
Ham, Egg & Cheese Sand
Roasted Potatoes
Applesauce, Milk
Valentines Treat

No School

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Popcorn Chicken
Whole Grain Roll
Mashed Potatoes w/Gravy
Fresh Fruit, Milk

Thursday

Hamburger/Cheeseburger Whole Grain Bun L.T.O.P Baked French Fries Fresh Fruit, Milk

Fish Sticks w/ Tartar Sauce Whole Grain Roll Baby Carrots Baked French Fries Fresh Fruit, Milk

Beef Chili w/ Beans
Cheese, Sour Cream
Homemade Corn Muffin
Coleslaw
Peaches, Milk

No School

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Cheese or White Broccoli Pizza Whole Grain Crust Crisp Romaine Salad Fresh Fruit, Milk Friday

Cheese/Pepperoni Pizza Whole Grain Crust Crisp Romaine Salad Fresh Fruit, Milk

Chicken Enchilada Dip w/ Salsa, Sour Cream Whole Grain Tortilla Chips Cucumber/Celery Fresh Fruit, Milk

Chicken Cheese Quesadillas WG Tortilla, Salsa, Sr Cream Spanish Rice, Black Bean Corn Salad Fresh Fruit, Milk

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No School



Our school is participating in the NYS Farm to School Initiative. A majority of our fruits and vegetables are coming from local farms, such as Limespring Farm and Dream Weaver Farms. Alternative Entrée's offered Daily
Peanut Butter & Jelly
Yogurt & Cheesestick
Salad Bar